

PICO SALAX INSTRUCTIONS FOR AFTERNOON COLONOSCOPY

PICO SALAX

8:00pm the day before

- mix 1 sachet with 150 mL of cold water – DRINK QUICKLY



- 4:00pm drink 2 x 250mL glasses of clear fluid



- 5:00pm drink 2 x 250mL glasses of clear fluid



- 6:00pm drink 2 x 250mL glasses of clear fluid



- 7:00pm drink 2 x 250mL glasses of clear fluid

4:00am the morning of

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- 8:00pm drink 2 x 250mL glasses of clear fluid

NOTHING to eat or drink after 8am the day of the procedure