



SATURDAY, SEPTEMBER 29TH, 2018 • SHERATON CENTRE • TORONTO, ONTARIO

Conference Objectives

This is a full-day medical education conference bringing together multidisciplinary practitioners to address management of IBD from preconception to postpartum care. The conference objectives include:

- Reviewing the importance of multi-disciplinary care for women with IBD planning a pregnancy
- Discuss the medical and surgical management of IBD during preconception, pregnancy, and peripartum
- Consider practical considerations regarding nutrition, delivery and breast feeding for women with IBD

Agenda

TIME	TOPIC	PRESENTER	OBJECTIVES
08:00 – 09:00am	Registrations – Breakfast – Exhibits Open	N/A	<ul style="list-style-type: none"> • Meet and Greet • Networking • Registration
09:00 – 09:10am	Introduction – Pregnancy in IBD: Why Is This So Important?	Dr. Vivian Huang	<ul style="list-style-type: none"> • Introduction to IBD • Agenda Overview
09:10 – 09:30am	Patient Perspectives	Lisa Brooke and Chantel Wicks	<ul style="list-style-type: none"> • Motherhood and IBD • Challenges in Preconception Planning – A Patient Perspective • The Guts and Glory Podcast
09:30 – 9:50am	Seminar 1 – Preconception Planning	Dr. van der Woude (International Guest Speaker)	<ul style="list-style-type: none"> • Patient Communication – Starting a Dialogue • The Benefits of Preconception Planning and Improving Quality of Life • What is Remission? Managing Flare-Ups
9:50 – 10:10am	Seminar 2 – Considerations During Pregnancy	Dr. Flavio Habal	<ul style="list-style-type: none"> • Corticosteroids and Immunosuppressants – Treatment During Pregnancy • Fetal and Maternal Health Considerations • Delivery – What to Keep in Mind from a GI Perspective
10:10 – 10:30am	Seminar 3 - Updates on Biologics and Pregnancy	Dr. van der Woude (International Guest Speaker)	<ul style="list-style-type: none"> • Down the Pipeline – Novel Treatment Options • Current Challenges • When and What to Use - Treatment Guide
10:30 – 10:50am	BREAK		



— THIRD ANNUAL CONFERENCE —
**MULTI-DISCIPLINARY
 CARE IN IBD**

FRONTIERS IN IBD AND MATERNAL CARE

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10:50 – 11:10am	Seminar 4 – IBD and Obstetrical Management	Dr. Cynthia Maxwell	<ul style="list-style-type: none"> • Delivery – To C-Section or Not to C-Section • Fetal Health Considerations • Post-Delivery Care
11:10 – 11:30am	Seminar 5 – Surgical Considerations	Dr. Helen MacRae	<ul style="list-style-type: none"> • Obstruction in Pregnancy due to Crohn’s Stricture • Refractory UC in pregnancy • Optimal Timing of Elective and Semi-Urgent Surgeries Preconception
11:30 – 12:00pm	Faculty Panel Discussion	Dr. Maxwell, Dr. van der Woude, Dr. MacRae, Dr. Habal	<ul style="list-style-type: none"> • Further Analysis of the Speaker Session • How to Apply Novel Treatment to the Clinic • Interactive Discussion - Polling
12:00 – 1:00pm LUNCH			
1:00 – 1:50pm	Workshop 1 – The UC Patient and Pregnancy	Facilitators	<ul style="list-style-type: none"> • Preconception, pregnancy, delivery, postpartum • Dealing with 5-ASA, Imuran, biologics
1:50 – 2:40pm	Workshop 2 – The CD Patient and Pregnancy	Facilitators	<ul style="list-style-type: none"> • Preconception, pregnancy, delivery, postpartum • Perianal, fistulizing disease in pregnancy
2:40 to 3:00pm BREAK			
3:00 – 3:30pm	Faculty Panel Discussion – Case Review	Faculty/Facilitators	TBD
3:30 – 3:50pm	Seminar 6 – Breastfeeding While Managing IBD	Dr. Shinya Ito (TBC)	<ul style="list-style-type: none"> • Biologics, Immunosuppressants and the Newborn • Medications and Breastfeeding
3:50 – 4:10pm	Seminar 7 – Who Are You Going to Call? The Benefits of a Multidisciplinary Team	Brenda O’Connor, Shelley Bouchard, Jenna Rines	<ul style="list-style-type: none"> • IBD Registered Nurse, Surgical Nurse, Social Worker
4:10 – 4:30pm	Seminar 8 – News, Views, and Comments – Clinical Research Updates	TBA	<ul style="list-style-type: none"> • Update on the COACH study
4:30 to 4:45	Wrap up	Dr. Vivian Huang, Lisa Brooke and Chantel Wicks	Summary of highlights
4:45 – 5:00pm CONFERENCE CONCLUDES			