

**Partial Mayo Scoring Index  
Assessment for Ulcerative Colitis  
Activity**

Date:   /  /    
D D / M M / Y Y

Patient, please enter number of daily bowel motions you would have when in remission or before your diagnosis or symptoms of ulcerative colitis began. **This number will be Your Normal:**

**Patients, please complete Questions number 1 and 2.**

**1. Stool Frequency (based on the past 3 days)**

- Normal number of stools = 0
- 1-2 stools more than normal = 1
- 3-4 stools more than normal = 2
- 5 or more stools more than normal = 3

**2. Rectal Bleeding (based on the past 3 days)**

- No blood seen = 0
- Streaks of blood with stool less than half the time = 1
- Obvious blood with stool most of the time = 2
- Blood alone passed = 3

**Physician, please complete Questions number 3.**

**3. Physician's Global Assessment (to be completed by Physician)**

- Normal (sub scores are mostly 0) = 0
- Mild Disease (sub scores are mostly 1) = 1
- Moderate Disease (sub scores are mostly 1 to 2) = 2
- Severe disease (sub scores are mostly 2 to 3) = 3

The physician's Global Assessment acknowledges the Sub scores, the daily record of abdominal discomfort and functional assessment and other observations such as physical findings, and the patient's performance status

**Total Partial Mayo Index Score [sum of all above items]**

Remission = 0-1  
Mild Disease = 2-4  
Moderate Disease = 5-6  
Severe Disease = 7-9

**Disease Activity Index for Ulcerative Colitis**

Date:   /  /    
D D / M M / Y Y

**1. What is your bowel frequency during the day?**

- 1-3 = 0
- 4-6 = 1
- 7-9 = 2
- 10 or more = 3

**2. What is your bowel frequency during the night?**

- 0 = 0
- 1-3 = 1
- 4-6 = 2

**3. Urgency of defecation**

- None = 0
- Hurry = 1
- Immediately = 2
- Incontinence = 3

**4. Blood in stool**

- None = 0
- Traces/streaks = 1
- Occasionally frank/obvious blood = 2
- Usually frank/mostly blood = 3

**5. General well being**

- Very well = 0
- Slightly below par = 1
- Poor = 2
- Very Poor = 3
- Terrible = 4

**PHYSICIAN, please complete question 6**

**6. Extracolonic features**

- Arthralgia = 1
- Pyoderma gangrenosum = 1
- Erythema nodosum = 1
- Uveitis = 1

**TOTAL (Sum of all the above):**